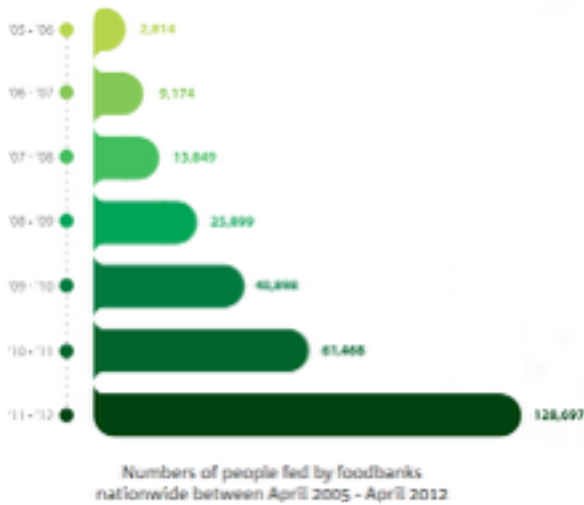


Exmouth Community Larder



Providing help to people in a FOOD EMERGENCY
.... no food in the house, no money to buy food

Clients should first obtain a referral voucher from the CAB, Open Door or some other support agency
The Exmouth Community Larder operates from the Salvation Army Hall, Sheppards Row and is open 2-3.30pm on Mondays and 1.30-3pm on Fridays



FEED THE HUNGRY



Items needed

- | | | |
|-------------------|----------------|------------------------|
| Cereal, | Rice pudding | Milk |
| Soup | Steam puddings | Jam |
| Beans / spaghetti | Custard | Pasta Sauce etc |
| Tomato's | Biscuits | Toiletries, Deodorant, |
| Tinned veg | Sugar | Toilet rolls |
| Tinned Potato's | Pasta | Soap, Toothpaste, |
| Meat | Rice | Shampoo, |
| Fish | Tea / Coffee | Shower gel |
| Fruit | Squash | Treats e.g. Chocolate |