

Community Larder

Emergency food for local people in crisis

www.exmouthlarder.co.uk

Collection Point

If you are experiencing food crises.

Please contact :

What foods to collect

Tinned meat Cereals and porridge
Tinned vegetables (greenbeans, peas etc.)
Tea bags
Coffee
Tinned potatoes /
Potato powder
Milk - long life or powder
Tinned fish Sugar
Tinned baked beans Squash / fruit juice
Tinned spaghetti Tinned rice pudding
Savoury rice Sponge pudding
Pasta / noodles /
Spaghetti
Tinned fruit
Pasta sauce Custard
Any soup Jelly
Jam/peanut butter Honey / marmite
Washing powder Washing up liquid
Soap Shampoo
Toilet rolls Toothpaste

